

# Hearts In Action Summer Camp



Hearts In Action is a one-of-a-kind camp that offers extra support for individuals with special needs. Hearts In Action provides fun and enjoyable goal-directed activities right at the core of each individual's stage of development. Our small group settings foster the growth of individuals – socially, physically, mentally and emotionally.

## **Job Descriptions**

### **Essential Life Skills Component Leader (1 position)**

- Focus on creating independence in all aspects of daily life
- Use of role play, cooperative games, critical thinking, and real life situations
- Focus on increasing self-esteem

### **Expressive Arts Component Leader (1 position)**

- Focus on developing the ability to express and create
- Encourage one's senses through music, arts and crafts, and theatre sports
- Focus on peer interaction and increasing self-esteem

### **Motor Development Component Leader (1 position)**

- Focus on developing fine and gross motor skills
- Adapt leisure and motor activities for participant success
- Assist participants to overcome challenges and achieve new abilities
- Promote a healthy and active lifestyle and openly practice inclusion

### **Early Childhood Camp Leader (1 position)**

- Plan, lead and support staff to implement early childhood programming
- Focus on creating independence in all aspects of daily life
- Establish routine and smooth transition times

### **Modified Youth Camp Leader (1 position)**

- Plan, lead and support staff to implement life skills programming for youth requiring extra support.
- Promote community inclusion

### **Group Leader (3 positions)**

- Guide participants throughout planned Program Components
- Provide consistency, support, and safety net for participants
- Be a positive role model and motivate participants

### **Relief Care Specialist (15 positions)**

- Hands on participation in all activities; rotating with assigned group through each component
- Provide support to participants in an individual and/or group setting
- Provide fun and excitement throughout the day!

**Join our team and help us in “Creating Success - For Life!”**

Alberta AdaptAbilities Association

ph: 780-431-8446

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[www.adaptabilities.ca](http://www.adaptabilities.ca)

# Relief Care Specialist

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Alberta AdaptAbilities Association is seeking full and part time employees to fulfill the position of Relief Care Specialist. They are the face of the association fulfilling our goal of providing quality programming within the areas of recreation and motor skills, essential life skills and creativity. The RCS is a quality staff member, knowledgeable in the implementation of programming and resolute in supporting service users to achieve and be as independent as possible.

## HIA Camp Objectives

- I. Provide participants a positive social atmosphere where they can grow, succeed and belong.
- II. Provide an opportunity for participants to develop motor skills through recreation and leisure opportunities.
- III. Provide an opportunity for participants to enhance essential life skills, independence and self-esteem.
- IV. Provide an opportunity for participants to explore their creative side through arts, drama and music.

## The RCS Role in Respite

- Providing direct care to high needs individuals in a group or individual setting
- Taking action to minimizing risks
- Assisting in the development of lesson plans and leading purposeful activities
- Supporting and encouraging individuals to achieve their goals
- Providing a consistent routine
- Creating a successful environment through transitions, team work and cultivating interests
- Communicating effectively and in a timely manner with participants, parents, colleagues and supervisor
- Maintaining clear and objective records and preparing required reports and other documentation

## Orientation and Training Opportunities

- Company Orientation
- Centre Training
- Shadow Shift
- Medication Administration Certification
- Non violent Crisis Intervention Certification
- Risk Management
- Abuse Prevention and Response Protocol

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# **Volunteer / HIA Camps**

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Volunteers are integral components to the successful operation of the organization and are a part of the front line team supporting goal directed respite programs and services. Volunteers assist Relief Care Specialists (RCS's) in providing reliable, consistent, and quality care that enhances the experience for clients.

## **HIA Camp Objectives**

- V. Provide participants a positive social atmosphere where they can grow, succeed and belong.
- VI. Provide an opportunity for participants to develop motor skills through recreation and leisure opportunities.
- VII. Provide an opportunity for participants to enhance essential life skills, independence and self-esteem.
- VIII. Provide an opportunity for participants to explore their creative side through arts, drama and music.

## **Volunteer Role in Respite**

- Support RCS in the delivery of respite services,
- Assisting the RCS in setting up and carrying out a planned activity,
- Assist the RCS in ensuring centre materials and equipment are well maintained,
- Ensure the facility/home is kept clean and organized,
- Assist with ensuring the facility/home is kept safe and secure, and
- Perform any reasonable duties as requested by a RCS or supervisor.
- Focus on the individual growth and development (participant focused)
- Always provide a supportive and caring environment
- Build a positive rapport with participants
- Assist RCS in providing a consistent routine
- Assist RCS in creating a successful environment
- Learning about participant abilities, needs, and strategies is strongly encouraged
- Communicate at participants level of understanding
- Be professional

## **Site Orientation**

Volunteers will perform a walk-through of the site with a supervisor or designate RCS. A RCS will model interaction with the clients present at the centre and volunteers will begin engaging in activities with participants as soon as they are comfortable. All Volunteers can access company training.

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